## puLLum silambina (Thiruppavai Paasuram #06)

Ragam: Shankarabharanam (29th melakartha ragam) https://en.wikipedia.org/wiki/Dheerashankarabharanam

ARO: S R2 G3 M1 P D2 N3 S || AVA: S N3 D2 P M1 G3 R2 S ||

Talam: Misra Chapu

Composer: Andal / Godai / Nachiyar (Thiruppavai: Thiruppavai Wikipedia Page)

Version: Akkarai Sisters & Kunnakudi Balamuralikrishna (https://www.youtube.com/watch?v=7xOhfZ\_lwWk)

Lyrics / Meaning Courtesy: https://ramanuja.org/sv/alvars/andal/tiruppavai/verse6.html

Youtube Class: https://www.youtube.com/watch?v=zk4MlDsCft4

Audio MP3 Class: http://www.shivkumar.org/music/Thiruppavai06-class.mp3

## Paasuram (Stanza)

puLLum silambina kaaN puLLaraiyan kOyilil \* veLLai viLisangin pEraravam kEttilaiyO \* piLLaay ezhundhiraay pEy mulai nancundu \* kaLLac cakatam kalakkazhiyak kaalOcci \* veLLaththaravil thuyilamarndha viththinai \* uLLaththuk kondu munivargaLum yOgigaLum \* meLLa ezhundhu "ari" enRa pEraravam \* uLLam pugundhu kuLindhElOr embaavaay.

Meaning Courtesy: <a href="https://ramanuja.org/sv/alvars/andal/tiruppavai/verse6.html">https://ramanuja.org/sv/alvars/andal/tiruppavai/verse6.html</a> {Additional sites: <a href="https://www.asayana.com/religion/18-2/">https://www.asayana.com/religion/18-2/</a> and <a href="https://www.ibiblio.org/sripedia/ebooks/tpv/">https://www.asayana.com/religion/18-2/</a> and <a href="https://www.ibiblio.org/sripedia/ebooks/tpv/">https://www.asayana.com/religion/18-2/</a> and <a href="https://www.ibiblio.org/sripedia/ebooks/tpv/">https://www.asayana.com/religion/18-2/</a> and <a href="https://www.ibiblio.org/sripedia/ebooks/tpv/">https://www.ibiblio.org/sripedia/ebooks/tpv/</a> }

<u>Context</u>: Andal's thirty songs contain the cardinal principles of Vaishnava dharma during the month of Marghazhi. Vaishnavas sing these songs to bring peace, prosperity and Divine Grace. Andal assumes the guise of a cowherd girl in these 30 verses. Andal appears intent upon performing a particular religious vow to marry the Lord, thereby obtain His everlasting company, and inviting all her girl-friends to join her. Towards the end we learn that she did not actually perform a religious rite; but is simply praying to be granted the service of the Lord for eternity. She yearns for everlasting happiness and service of the Lord.

The second section of Sri Andal's Thiruppavai consists of 10 verses beginning with the above 6th verse and sets out to wake up 10 girls to join Andal for the Margazhi worship. Each verse is an attempt to awaken one of the girls and adopts a different reasoning and pleading. The common theme however is citing the reason for waking up ie to worship the Lord, and the Lord who is to be worshipped is referenced citing his many splendorous qualities and pertinent deeds that He performed during his incarnations in this earth.

(Courtesy:Dr. V.K.S.N. Raghavan): (Awaken, Oh Young girl! Even the birds have woken up and are chirping about the arrival of the morning. Don't You hear the loud and sacred sound from the white conch being blown at the temple of our Lord, who rides on the divine GarudA? Oh Young girl! Wake up! The Yogis and Sages with minds known for uninterrupted contemplation of our great Lord celebrated for His adhbhutha leelais such as:

(1) destroying evil Poothanai by suckling her poisonous milk-bearing breast and at the same time sucking her life away (2) destroying a cunning asuran ,who came in the form of a cart by splintering him into pieces with a swift kick from His tiny (baby)

He (Our Lord) is the primal cause of the whole Universe. He sleeps on AdhisEshan in Yoga NidhrA at the milky ocean. The Yogis and sages have now come out of their meditation slowly and are reciting the name of Lord Hari loudly for seven times. The crescendo of that Hari Naama UccharaNam resounds like thunder and enters into our hearts and pleases us. Does not that aravam enter your heart too? Oh Young girl! Please Awaken and join us in the nOnbhu!)

<u>Sahityam</u>: puLLum silambina kaaN puLLaraiyan kOyilil \*
puLLum cilampina kaaN puLL araiyan kOyilil \*
<u>Meaning</u>: Birds (are) chirping See! birds (the) king (of) (in his) temple
[The birds are awake and from the temple of the Lord]

puLLum the birds too

silambina are calling kaaN look!

puL araiyan the king of the birds (Garuda, Lord Vishnu's vehicle)

kOyilil in (Garuda's) palace

 $\underline{Sahityam:}\ veLLai\ viLisangin\ pEraravam\ kEttilaiyO\ *$ 

veLLai viLi caNGkin pEr aravam kEttilaiyO\*

Meaning: white (used for) calling conch (it's) loud sound don't you hear

[Can you not hear the loud sound of the white conch]

veLLai white
viLi calling
sangin conch's
pEr aravam great noise
kEttilaiyO didn't you hear?

Sahityam: piLLaay ezhundhiraay pEy mulai nancundu \*

piLLaay ezhun^thiraay pEy mulai naNY cuNtu \*

<u>Meaning</u>: children wake up! (From the) rakshasa's breast (HE who) poison ate, [Oh young lass, wake up, the Lord who suckled poison into the demon's breasts]

piLLaay O girl! ezhundhiraay get up! pEy demon

(Putana, the female rAkshasi sent by Kamsa to kill the baby Krishna by having him drink from her poisoned breasts)

mulai breast nancu poison undu ate

Sahityam: kaLLac cakatam kalakkazhiyak kaalOcci \*

kaLLac cakatam kalakkazhiyak kaalOcci \*

Meaning: (He who came as) fake wheel, (He who) destroyed (and) kicked (the enemy)

[The Lord who vanquished the demon.]

kaLLa evii

cakatam SakaTAsura (lit. wheel), an asura who came in the

form of a cart to kill Krishna

kalakku azhiya destroy kaal feet Occi kicked

<u>Sahityam:</u> veLLaththaravil thuyilamarndha viththinai \*

veLLathth aravil thuyilamarn^tha viththinai \*

Meaning: (He who lies) in the milk ocean (on the) snake in yogic sleep (the) source of all life

[The Lord who is resting gently on the serpent in the ocean]

veLLaththu in the waters (the milk ocean)

aravil on the snake thuyil asleep amarndha resting, seated

viththinai the cause, seed (of the universe)

 $\underline{Sahityam:} \ uLL aththuk \ kondu \ munivargaLum \ yOgigaLum \ *$ 

uLLaththuk koNtu munivarkaLum yOkikaLum \*

Meaning: (Into their) minds bringing (His name) saints (and) Yogis

[the One who is meditated by the sages and the yogis]

uLLaththu in the heart kondu keeping

munivargaLum sages, those who think about the Lord all the time

(Sanskrit: muni)

yOgigaLum ascetics, those adept in meditation (Sanskrit: yOgi)

 $\underline{Sahityam:}\ meLLa\ ezhundhu\ "ari"\ enRa\ pEraravam\ *$ 

meLLa ezhun^thu "ari" enRa pEr aravam \*

<u>Meaning</u>: slowly waking (and) Hari saying (this) great sound (has) [As you wake up gently may the magnificent glory of the Lord]

meLLa gently ezhundhu getting up

ari Hari, a name of Lord Vishnu

enRa saying pEr aravam great noise Sahityam: uLLam pugundhu kuLindhElOr embaavaay.

uLLampukun^thu kuLirn^thu El Or empaavaay

Meaning: (in our) hearts entered (and) made (us) calm. Come (Let us do) (the penance of) paavai nOmbu [Fill your mind and make you joyful, my girls]

our hearts uLLam pugundhu entering kuLirndhu cool

El Or empaavaay Come (Let us do) (the penance of) paavai nOmbu

## Paasuram (Stanza)

puLLum silambina kaaN puLLaraiyan kOyilil \* veLLai viLisangin pEraravam kEttilaiyO \* piLLaay ezhundhiraay pEy mulai nancundu \* kaLLac cakatam kalakkazhiyak kaalOcci \* veLLaththaravil thuyilamarndha viththinai \* uLLaththuk kondu munivargaLum yOgigaLum \* meLLa ezhundhu "ari" enRa pEraravam \* uLLam pugundhu kuLindhElOr embaavaay.

Sahityam: puLLum silambina kaaN puLLaraiyan kOyilil \*

kOyilil\*puLLum cilampina kaaN puLL araiyan

Meaning: Birds (are) chirping See! birds (the) king (of) (in his) temple

[The birds are awake and from the temple of the Lord]

the birds too puLLum silambina are calling kaaN look!

puL araiyan the king of the birds (Garuda, Lord Vishnu's vehicle)

kOyilil in (Garuda's) palace

```
O
   I_4
                      \mathbf{O}
                                  I_4
                                            \mathbf{O}
                                                             I_4
                                                                       O
                                                                                O
                                                                                           I_4
;; S |
          R;
                   gp mg \mid G, mg r \mid R S
                                                     S; \parallel ; ; ; \mid ; ; \mid ; ;
                                                                                       \parallel;;;
                                                                                                                        si- --
                             lam bi- -
                                                    kaaN
  puL
          Lum
                   mp mg \mid G, mg r \mid R S
                                                     S; \parallel ; ; S \mid S \mid rg \mid rsS \mid | srss S.d \mid S ; \mid S ;
;; S |
          R ;
                                                                 puL La rai- yan-- kO -- -- yi -
                             lam bi- -
  puL
          Lum
                   si- --
                                          na -
                                                    kaaN
   I_4
             O
                      O
                                   I_4
                                             0
                                                      0
                                                               I_4
                                                                                     O
                                                                                                I_4
                   \underline{Pdp} mg | G, mg r | R S
                                                      S; \parallel; ; mp \mid mg-rg \mid rsS \parallel srss S.d \mid S; \mid rgmg \parallel
           srgm
                              lam bi- -
                                                     kaaN
                                                                 puL La rai- yan-- kO -- -- yi -
  puL
          Lum
                  - - si-
grsn-S | srgm Pdp mg | G, mg r | RS
                                                       S : \parallel : : mp \mid mg - rg \mid rsS \parallel srss \underline{S,d} \mid S : \mid S : \parallel
                                                                 puL La rai- yan-- kO-- -- yi - lil
     puL Lum
                   - - si-
                               lam bi- - na -
                                                      kaaN
```

Sahityam: veLLai viLisangin pEraravam kEttilaiyO \*

viLi caNGkin pEr aravam kEttilaiyO \* veLLai

Meaning: white (used for) calling conch (it's) loud sound don't you hear

[Can you not hear the loud sound of the white conch]

veLLai white viLicalling conch's sangin great noise pEr aravam kEttilaiyO didn't you hear?

```
O
     I_4
                                      O
                                                          I_4
                                                                                          O
                                                                                                         I_4
                                                                                                                            O
                                                                                                                                               O
                                                                                                                                                                 I_4
;; G |
                   M \hspace{0.1cm} ; \hspace{0.3cm} \mid \hspace{0.1cm} dp \hspace{0.1cm} mg \hspace{0.1cm} \parallel rG \hspace{0.1cm} mg \hspace{0.1cm} r \hspace{0.1cm} \mid \hspace{0.1cm} R \hspace{0.1cm} S
                                                                                          S; \parallel ; ; mp \mid mg-rg \mid rsS \parallel srG, s \mid mp mm \mid G; \parallel
                 Lai -
                                                   Li- - - --
                                                                                                            pE- ra- ra-
                                                                                                                                         vam - kE - - -
                                                                                                                                                                              tti- lai -
      veL
                                    - - vi-
                                                                                          gin
```

[Oh young lass, wake up, the Lord who suckled poison into the demon's breasts] O girl! piLLaay ezhundhiraay get up! pEy demon (Putana, the female rAkshasi sent by Kamsa to kill the baby Krishna by having him drink from her poisoned breasts) mulai nancu poison undu ate  $I_4$ O  $I_4$ O O  $I_4$ O 0  $I_4$ O ; ;  $P \mid pp mg \mid M-P \mid D$ , N, |; -S $S ; \parallel ; ; N \mid S rg \mid rsS \parallel srsnD \mid DN \mid S ; \parallel$ piL Laay -- - e zhun --- - dhi pEy - mu- lai - raay nan- - - $; ; P \mid pp mg \mid M - P \mid D, N, \mid ; -S$  $S ; \parallel ; ; N \mid S rg \mid rsS \parallel srsnD \mid DN \mid srsn \parallel$ piL Laay - - e zhun - - - - dhi raay pEy - mu- lai - - nan- - cun - du D P- P  $\mid \underline{mpD \ pmG} \mid ; -G \mid mpdnsr \mid ; -S$ S; ||;; S | , r Gmg | r s S || sr sn D | D N | s n g r || piL Laay - -- e zhun - - - - dhi raay pEy - mu- lai - - nan- - cun -O  $I_4$ O O O  $I_4$ 0  $I_4$  $s n d p - P \mid \underline{mpd-pdnd - p} \mid \underline{mG}, -G \mid mpdnsr \mid ; -S$  $S ; \parallel ; ; S \mid , r \underline{Gmg} \mid r s S \parallel sr sn D \mid D N \mid S ; \parallel$ e zhun - - - - dhi raay pEy - mu- lai - - nan - - - cun - du piL Laay - - - - -<u>Sahityam:</u> kaLLac cakatam kalakkazhiyak kaalOcci \* kaLLac cakatam kalakkazhiyak kaalOcci \* Meaning: (He who came as) fake wheel, (He who) destroyed (and) kicked (the enemy) [The Lord who vanquished the demon.] kaLLa evil SakaTAsura (lit. wheel), an asura who came in the cakatam form of a cart to kill Krishna kalakku azhiya destroy kaal feet Occi kicked O  $I_4$ O O  $I_4$ O  $I_4$ S;  $\parallel s r s S d \mid NP \mid DN \parallel S, N, \mid sn d n \mid \underline{dP}, m \parallel gm dp mg \mid \underline{gpmm}$ ;  $\mid G$ ; ; ; - mp | pdN kaL La -cha ka---- tam ka la kkazhi ya - - - kaal - - 10 - - - -Sahityam: veLLaththaravil thuyilamarndha viththinai \* aravil thuyilamarn^tha viththinai \* Meaning: (He who lies) in the milk ocean (on the) snake in yogic sleep (the) source of all life [The Lord who is resting gently on the serpent in the ocean] veLLaththu in the waters (the milk ocean) aravil on the snake thuyil asleen amarndha resting, seated the cause, seed (of the universe) viththinai  $I_4$ 0 0 O  $I_4$  $I_4$ ;  $P \parallel P$  ; ;  $\mid P$  ; ;  $\mid | ; ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; ; | ; | ; ; | ; | ; ; | ; | ; ; | ; | ; ; | ; | ; ; | ; | ; ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ; | ;$  $; ; -M \mid M ;$ veL La-- tha ra - -0 0 O  $I_4$  $I_4$ ; P || P ; ; | P ; | P M || P ; sn | d P , | P , m || g m d p m g | pmM ; | G ; || thuyi la - - - marn- dha - vi - - - - thi - - nai ; ; - M | <u>dppmM;</u> mp- P || P ; ; | P ; | P M || P ; sn | d P , | P , m || g m d p m g | <u>pmM</u> ; | <u>r G , ;</u> ||

thuyi la - - - marn- dha - vi - - - - thi - - nai

Meaning: children wake up! (From the) rakshasa's breast (HE who) poison ate,

veL La - - - tha ra - - vil

```
Sahityam: uLLaththuk kondu munivargaLum yOgigaLum *
                                                       koNtu
                       uLLaththuk
                                                                                      munivarkaLum yOkikaLum *
Meaning: (Into their) minds bringing (His name) saints (and) Yogis
[the One who is meditated by the sages and the yogis]
                                              in the heart
uLLaththu
kondu
                                              keeping
munivargaLum
                                              sages, those who think about the Lord all the time
                       (Sanskrit: muni)
yOgigaLum
                                              ascetics, those adept in meditation (Sanskrit: yOgi)
      I_4
                                                                                                                O
                                                                                                                                                                                  0
                                                                                                                                                                                                                                                                0
;;G |
                       M : | dp mg | | rG mg r | R S
                                                                                                                S : \parallel : S \text{ mp} \mid \text{mg-rg} \mid r s S : \parallel sr G, s \mid \text{mp mm} \mid G : \parallel
                        La
                                            - - thu - kon- -
                                                                                                                du- - mu ni- var- ga- Lum -- yO - -- gi- ga- Lum -
Sahityam: meLLa ezhundhu "ari" enRa pEraravam *
                       meLLa ezhun^thu "ari" enRa
                                                                                                 pEr aravam *
Meaning: slowly waking (and) Hari saying (this) great sound (has)
[As you wake up gently may the magnificent glory of the Lord]
                                              gently
meI.I.a
ezhundhu
                                              getting up
ari
                                              Hari, a name of Lord Vishnu
enRa
                                              saying
pEr aravam
                                              great noise
                                                                       I_4
                                                                                             \mathbf{O}
                                                                                                               O
                                                                                                                               I_4
                                                                                                                                                        O
                                                                                                                                                                                 0
                                                                                                                                                                                                        I_4
; ; P \mid pp mg \mid M-P \mid D, N, \mid S; ; S \mid \mid S; ; \mid S rg \mid rsS \mid \mid srsn D \mid DN \mid S; \mid \mid S rg \mid rsS \mid \mid srsn D \mid DN \mid S; \mid \mid S rg \mid rsS \mid 
       meL La -- e zhun - dhu
                                                                                                              - a ri --
                                                                                                                                                      en - -
                                                                                                                                                                            Ra - - pE- - ra
;\;;\;P\;\mid pp\;mg\;\mid M-P\;\mid D\;,\;\;N\;,\;\mid S\;\;;\;\;\;;\;S\;\mid\mid S\;;;\;\mid S\;\mid r\;g\;\mid\; r\;s\;S\;\mid\mid sr\;sn\;D\;\mid D\;N\;\mid\; s\;r\;s\;n\;\mid\mid
         meL La -- e zhun -- dhu - - a
                                                                                                                             ri -- en-- Ra--
DP-P | mpD pmG | ; - G | mpdnsr | S-S ; S || S;; | sr Gmg | rs S || sr sn D | DN | sr sn ||
          meL La -- - e zhun -- - dhu - a ri -- en --- - Ra -- pE--ra
                                                                                                                    O
                                                                                                                                                                                  O
                                                                      O
                                                                                               I_4
                                                                                                                                      O
                                                                                                                                                            I_4
                                                                                                                                                                                                         O
DP - P \mid \underline{mpd-pdnd-p} \mid \underline{mG} - G \mid \underline{mpdnsr} \mid ; -S \mid ; S \mid || \operatorname{rg} \operatorname{rgmg} \mid R - S \mid ; -S \mid || \operatorname{sr} \operatorname{sn} D \mid dN, || S \mid ||
                                                                             e zhun - - - dhu - a ri -- - en - Ra - pE- - ra
          meL La -- -
                                                          - -
                                                                                                                                                                                                                                          ra-
                                                                                                                                                                                                                                                            vam *
Sahityam: uLLam pugundhu kuLindhElOr embaavaay.
                       uILam
                                                  pukun^thu kuLirn^thu El Or empaavaay
Meaning: (in our) hearts entered (and) made (us) calm. Come (Let us do) (the penance of) paavai nOmbu
[Fill your mind and make you joyful, my girls]
uLLam
                                              our hearts
pugundhu
                                              entering
kuLirndhu
                                              cool
El Or empaavaay
                                              Come (Let us do) (the penance of) paavai nOmbu
       I_4
                            O
                                                                                       0
                                                                                                            O
                                                                                                                                   I_4
                                                                                                                                                           O
                                                                                                                                                                               O
                                                                   I_4
; ; - mp | pdN
                                              S; \parallel s r s S d \mid NP \mid D-N \parallel S, Nr \mid sn dn \mid \underline{dP}, m \parallel gm dp mg \mid \underline{gpmm}, r \mid G;
                                                                                                                                                                                                                                                                                uL Lam
                                                             gun- - -
                                                                                     dhu -
                                                                                                          - ku Lin -- dhE--
                                                                                                                                                                          lOr - - em ----
```

Additional Meanings: http://www.ibiblio.org/sripedia/ebooks/tpv/vstp06.html kOvilil \*

Birds (are) chirping See! birds (the) king (of) (in his) temple

veLLai viLi caNGkin pEr aravam kEttilaiyO \* white (used for) calling conch (it's) loud sound don't you hear

piLLaay ezhun^thiraay pEy mulai naNY cuNtu \* children wake up! (From the) rakshasa's breast (HE who) poison ate,

kaLLac cakatam kalakkazhiyak kaalOcci \* (He who came as) fake wheel , (He who) destroyed (and) kicked (the enemy)

veLLathth aravil thuyilamarn^tha viththinai \* (He who lies) in the milk ocean (on the) snake in yogic sleep (the) source of all life

uLLaththuk koNtu munivarkaLum yOkikaLum \* (Into their) minds bringing (His name) saints (and) Yogis

meLLa ezhun^thu "ari" enRa pEr aravam \* slowly waking (and) Hari saying (this) great sound (has)

uLLam pukun^thu kuLirn^thu (in our) hearts entered (and) made (us) calm

El Or empaavaay Come (Let us do) (the penance of) paavai nOmbu