

Manasaguruguha

Ragam: Ananda Bhairavi (20<sup>th</sup> mela Janyam)

ARO: S G R G M P D P S || AVA: S N D P M G R S ||

Talam: Rupakam

Composer: Dikshitar

Version: T. Rukmini

Pallavi:

Manasa Guruguha Roopam Bhajare re!

Maya maya Hrutthapam Thyajare re!

Anupallavi:

Manava janmani Samprapthe sathi-

Paramathmani Nirathi Shaya sukham vrajare re!

Charanam

Sathwa gunopadhi Sahitha Sada sivam

Swa Vidya Sametha Jeevoth bhavam

Thathvam thamasa Yutha viswa Vaibhavam

Thara Keswaram Ananda Bhairavam

Nathwa Sree Guru Charanam

Kruthwa Namasmaranam Jithwa Moha varanam

Mathwa Thwadeka Sharanam

Meaning (from TK Govinda Rao's book)

*Oh ("re!") Mind ("maanasa")! mediate ("bhajare") on the form ("roopam") of GURUGUHA and cast off ("thyajare") the sorrows ("hruttaapam") created by deluded ("maaya maya") mind.*

*Having got ("samprapthe") the human ("maanava") birth ("janma"), seek to obtain eternal bliss in PARAMATMA and avoid ("vrajare") the mundane pleasures ("nirathi shaya sukham").*

*He is SADASIVA, full of ("sahitha") SATVAGUNA;*

*All living beings ("jeeva") are born ("uthbhavam") out of Him as the result of the impact of AVIDYA.*

*The universe ("viswa") with its TAMASIC qualities is again a manifestation of His greatness ("Vaibhavam");*

*He is TARAKESVARA and ANANDA BHAIRAVA.*

*Prostrate ("nathwa") on His feet ("guru charanam");*

*Mediate ("kruthwa") on His name ("namasmaranam");*

*Conquer ("Jithwa") the veil of illusion ("Moha"),*

*and Think ("Mathwa") of Him as your ("thwa") sole ("eka") refuge ("sharanam").*

Pallavi:

Manasa Guruguha roopam bhajare re!

Maya maya hrutthapam Thyajare re!

*Oh Mind ("Manasa") ! mediate ("bhajare") on the form ("rupam") of GURUGUHA*

P ; ; ; | ; N , P , | ; n p G ; ||

Ma na sa Gu ru

R-G , M , | P ; Pdp | G ; M P ||

- gu ha Ru -- pam --

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M-G , R , | S ; ; ; | N S G M ||  
- Bha ja re Re -----

P ; ; ; | ; Pdn d n P | ; np G ; ||  
Ma na - sa-- Gu- ru

R-G , M , | P ; nddp | G ; mpdp ||  
- gu ha Ru --- pam ---

pm -G , R , | S ; ; ; | N S G M ||  
-- Bha ja re Re ---

P ; ; ; | pn Srs ss nNd | P – mn p G , ||  
Ma na --- sa --- - Gu - ru

R-G , M , | P ; nddp | G ; mpdp ||  
- gu ha Ru --- pam ---

pm -G , R , | S ; ; ; | N S G M ||  
-- Bha ja re Re ---

P ; ; ; | p n s R s – ss | ndP – m n p – G , ||  
Ma na ---- sa----| --- Gu-- ru

R – G , M , | P ; nddp | G ; gmpd P ||  
Gu ha Ru --- pam - - -

gmpm G , R , | Rgr S ; | S ; r S n ||  
----- Bha ja re --- Re ---

*[...and cast off (“thyajare”) the sorrows (“hruttapam”) created by deluded (“mayaa maya”) mind.]*

N ; ; ; | n s G g r R | G ; ; ; ||  
Ma ya- - Ma- - ya- - -

Gr , M G | G , m P , m | m d P Pdm ||  
Hru --- ttha - - - - pam ---

G ; M p d P | p m G G r R | mg G pm M || (ma)  
Thya ja --- re - - - - Re - - -

### **Anupallavi:**

Manava janmani Samprapthe sathi-  
Paramathmani Nirathi Shaya sukham vrajare re!

*[Having got the human birth (“Manava janma”), seek to obtain eternal bliss in PARAMATMA and avoid (“vrajare”) the mundane pleasures.]*

S ; S ; | S ; N ; | ; ; ; ||  
Ma na va Jan

S ; M ; | mggr sr mgR | S ; ; ; ||  
Ma ni Sam ----- pra --

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r s N ; ; | ; p S n S | ; ; ; ||  
pthe - - - sa thi - - - - -

S ; S ; | S ; PS | Srs SN ; ; ||  
Ma na va jan - - - -

S ; Mpm | m ggr sr mgR | S ; ; ; ||  
Ma ni - - Sam - - - - - pra

R s N ; ; ; | ; p S n S | ; ; M P ||  
Pthe - - - Sathi - - - Pa ra

S ; ; ; | N ; D ; | P ; D ; ||  
Ma thma ni Ni ra

N ; P ; | D ; N ; | P ; ; ; ||  
thi Sha ya Su kham

Md P Pdm | mp G gr R | mg G pm M ||  
Vra - ja - - | re - - - - re - - - -

### Charanam

Sathwa gunopadhi Sahitha Sadasivam  
Swa Vidya Sametha Jeevoth bhavam  
Thathvam thamasa Yutha viswa Vaibhavam  
Thara Keswaram Ananda Bhairavam

Nathwa Sree guru charanam  
Kruthwa Namasmaranam Jithwa moha varanam  
Mathwa thwadeka sharanam

***He is SADASIVA, full of ("sahitha") SATVAGUNA;***

S ; ; ; | M ; mg G | M ; ; ; ||  
Sa tva Gu - no ||

P ; ; ; | dm ; m p G | G ; R ; ||  
pa - - - dhi - Sa - - hi tha ||

S ; ; G | ; ; M ; | pm P ; ; ; ||  
Sa - - da - - shi vam - - ||

***All living beings ("jeeva") are born ("uthbhavam") out of Him as the result of the impact of AVIDYA.***

S ; ; ; | nNn ; D ; | P ; DP ||  
Swa vi - - - - - dhya - - ||

P dm mp G | G ; R ; | S ; ; ; ||  
Sa - - me - - - tha jee - - ||

R G r S ; | S N S ; | ; ; ; ||  
Vo - - - - tbha - vam - - - - ||

***The universe (“viswa”) with its TAMASIC qualities is again a manifestation of His greatness(“Vaibhavam”);***

S ;;; | S ;;; | N ;;; ||  
Tha tvam Tha - - - ||

NS mg G R | S ; S ; | S ; rSn ||  
Ma-sa- - - yu tha Vi - - - ||

N ; P N | S ; S N | S ;;; ||  
shwa Vai- - - bha - vam - - - ||

***He is TARAKESVARA and ANANDA BHAIRAVA.***

P ; PS | ; N D snN | N P P M ||  
Tha - - ra Ke - - - - swa - ||

S ; ; P | ; ; D sn | N P P M ||  
ram - - Aa - - nan - - da - ||

G ; P M | N P mgR | rGr S ; ||  
Bhai - - - - - ra - - vam - - ||

Madhyamakalam:-

***Prostrate (“nathwa”) on His feet (“guru charanam”) ;***

S ; S ; | S ; SS | S N S ; ||  
Nat va Sri guru Chara nam ||

***Mediate (“kruthwa”) on His name(“namasmaranam”);***

M ; GR | Srm GR | S N S ; ||  
Kru thwa Na - ma- sma ra nam ||

***Conquer (“Jithwa”) the veil of illusion(“Moha”),***

P ; S N | R S N ; | P D P M ||  
Jith wa Mo- ha - va ra nam - ||

***and Think (“Mathwa”) of Him as your (“thwa”) sole (“eka”) refuge (“sharanam”).]***

G ; M ; | D , P , M | G R GM ||  
Ma thwa Thva de ka Sha ra nam ||

[Repeat 2<sup>nd</sup> speed ] and then (Manasa)

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