

Nadopasana

Raagam: Begada (29<sup>th</sup> melakartha Shankarabharanam Janyam)

ARO: S G<sub>3</sub> R<sub>2</sub> G<sub>3</sub> M<sub>1</sub> P D<sub>2</sub> P Ś ||

AVA: Ś N<sub>2</sub> D<sub>2</sub> P M<sub>1</sub> G<sub>3</sub> R<sub>2</sub> S ||

Talam: Adi

Composer: Tyaagaraaja

Version: Neyveli Santhanagopalan

Meaning Courtesy: Thyagaraja Vaibhavam: <http://thyagaraja-vaibhavam.blogspot.com/2008/06/thyagaraja-kriti-nadopasana-raga-begada.html>

Youtube Class / Lesson: <https://www.youtube.com/watch?v=0G3Kyp8Zfn0>

MP3 Class / Lesson: <http://www.shivkumar.org/music/nadopasana-class.mp3>

Pallavi

nAda upAsanacE Sankara nArAyaNa vidhulu velasiri O manasA

Anupallavi

vEda-uddhArulu vEda-atItulu viSvamu-ella niNDi-uNDE vAralu (nAda)

Charanam:

mantra-Atmulu yantra tantra-Atmulu mari

manvantaramulu-ennO kala vAralu

tantrI laya svara rAga vilOlulu

tyAgarAja vandyulu svatantrulu (nAda)

Meaning: Thyagaraja Vaibhavam: <http://thyagaraja-vaibhavam.blogspot.com/2008/06/thyagaraja-kriti-nadopasana-raga-begada.html>

*O My Mind (manasA)! Lords Sankara, nArAyaNa and brahmA (vidhi) (vidhulu) are effulgent (velasiri) because of (cE) worship of (or meditation on) (upAsana) nAdA (nAdOpAsanacE).*

*O My Mind! Lords Sankara, nArAyaNa and brahmA - sustainers (or redeemers) (uddhArulu) of vEdAs (vEdOddhArulu), who are beyond the ken (atItulu) of vEdAs (vEdAtItulu), and who pervade (niNDi uNDE vAralu) (niNDiyuNDE) the whole (ella) Universe (viSvamu) (viSvamella) – are effulgent because of worship of (or meditation on) nAda.*

*O My Mind! Lords Sankara, nArAyaNa, and brahmA - the essence (Atmulu) of sacred syllables (mantra) (mantrAtmulu), the essence (Atmulu) of mystical diagrams (yantra) and magical and mystical formularies (tantra) (tantrAtmulu), who exist through (kala vAralu) many (ennO) aeons (manvantaramulu) (manvantaramulennO), as also (mari), experts (vilOlulu) in stringed (tantrI) and percussion (laya) instruments and (vocal music) svara and rAga, those saluted (vandyulu) by this tyAgarAja and other self-regulated (svatantrulu) – are effulgent because of worship of (or meditation on) nAda.*

Meaning: (From TK Govinda Rao's book)

*The Trinity -- Shankara, Naaraayana and Vidhi (Brahma) - outshine ("velasiri") the other Gods thanks to their Saadhana of Naada -- divine Omkaara, a facet of you as Brahman.*

*They could uphold ("uddharulu") the Vedas and transcend ("atheethulu") them. They ("vaarulu") pervade ("nindiyunde") the Universe ("viswamella").*

*(On the strength of Naadopaasana), they ("athmulu") acquired immense occult powers. They have the form of Mantra, Yantra and Tantras. They have an extraordinary long span of life comprising of Manus many life-spans (Manvantaras). They delight in vocal and instrumental ("tantri") music. They are*

worshipped (“vandyulu”) by Tyaagaraaja. They are free souls (“swatantrulu”) not bound by anybody’s commands. .

Pallavi

nAda upAsanacE Sankara nArAyaNa vidhulu velasiri O manasA

Sahitya: nAda upAsanacE

**Meaning**: ... the worship of (or meditation on) (upAsana) nAda (nAdOpAsanacE).

1. M ; ; mg G ; GM | P ; ; dn dp ; ; ; ||  
Naa - do- - - paa- - - - sa na- - -
2. pmM ; ; mg G ; GM | P ; ; dn dp ; ; ; ||  
Naa - do- - - paa- - - - sa na- - -
3. pmM ; ; mg G ; GM | P ; ; D P ,d P ,d ||  
Naa - do- - - paa- - - - sa na- - -
4. pmM ; ; mg G ; GM | P ; ; D P ,d N ; ||  
Naa - do- - - paa- - - - sa na- - -
5. dpM ; ; mg G ; GM | P ; ; D P ; ; ; ||  
Naa - do- - - paa- - - - sa na- - -

Sahithya: Sankara nArAyaNa vidhulu velasiri O manasA

**Meaning**: O My Mind (manasA)! Lords Sankara, nArAyaNa and brahma (vidhi) (vidhulu) are effulgent (velasiri) because of (cE) ... the worship of (or meditation on) (upAsana) nAda (nAdOpAsanacE).

- |            |         |      |          |                |           |  |
|------------|---------|------|----------|----------------|-----------|--|
| G M        | P - M   | P D  | pdpd     | N , n ; D      | , P , ; ; |  |
| Che-       | - -     | - -  | Shan--   | - - - ka       | - ra - -  |  |
| S ;        | ,r - sn | D P  | M P      | mg R S N       | D P S ;   |  |
| Naa        | -- raa  | - -  | ya -     | na- - Vi-      | dhu- lu - |  |
| ;          | ;       | NS   | M G      | M P D P S N DP | Saa!- - - |  |
| --         | --      | Vela | si ri    | O - Mana       |           |  |
| dpM ; ; mg | G ;     | GM   | P ; ; D  | P ; ; ;        |           |  |
| Naa - do-  | - -     | paa- | - - - sa | na- - -        |           |  |

Anupallavi

vEda-uddhArulu vEda-atItulu viSvamu-ella niNDi-uNDE vAralu (nAda)

Sahithya: vEda-uddhArulu vEda-atItulu viSvamu-ella niNDi-uNDE vAralu (nAda)

**Meaning**: O My Mind! Lords Sankara, nArAyaNa and brahma - sustainers (or redeemers) (uddhArulu) of vEdAs (vEdOddhArulu),

1. M P M - P D P S N | D P ; R S ; ; ; ||  
Ve- - dho - - ddha- - - - ru lu- - -
2. M P M - P D P S N | D P ; R S ; ; ; ||  
Ve- - dho - - ddha- - - - ru lu- - -
- NS N - S R S rs N | N , n ; D P , d N ; ||  
Ve- - daa - - thi- - - - - tu lu - - -

3. dp mp , m - P DP S N | DP ;R S ; ; ; ||  
 Ve- - - dho - - ddha- - - - ru lu- - -

Sahithya: vEda-atItulu

**Meaning ... and who are beyond the ken (atItulu) of vEdAs (vEdAtItulu), and..**

N S N - S R S rs N | N , n ;D P , d N ; ||  
 Ve- - daa - - thi- - - - - tu lu - - -

4. dp mp , m - P DP S N | DP ;R S ; ; ; ||  
 Ve- - - dho - - ddha- - - - ru lu- - -

N S N - S R S rs N | N , n ;D P ; ; ; ||  
 Ve- - daa - - thi- - - - - tu lu - - -

Sahithya: viSvamu-ella niNDi-uNDE vAralu (nAda)

**Meaning ... who pervade (niNDi uNDE vAralu) (niNDiyuNDE) the whole (ella) Universe (viSvamu) (viSvamella) – are effulgent because of worship of (or meditation on) nAda.**

; M M ; mg R RP | P ; ; ; ; ; ||  
 -Vish wa - mel- - - la - - - - -

; M M ; mg R RP | P ; P ,m ND P ; ||  
 -Vish wa - mel- - - la - Nin-- - - di-

S N DP S ; ; ,d | sN -d N- D , P , ; ; ||  
 yun- - - de - - - Vaa- - - ra - lu - - -

M ; M ; mg R RP | P ; P ,m ND P ; ||  
 Vish wa - mel- - - la - Nin-- - - di-

S N DP S ; ; ; | Mg -g M- R S rs N ; ||  
 yun- - - de - - - Vaa- - - ra lu -- - -

Sahitya: nAda upAsanacE Sankara nArAyaNa vidhulu velasiri O manasA

**O My Mind (manasA)! Lords Sankara, nArAyaNa and brahma (vidhi) (vidhulu) are effulgent (velasiri) because of (cE) ... the worship of (or meditation on) (upAsana) nAda (nAdOpAsanacE).**

. dpM ; ; mg G ; GM | P ; ; D P ; ; ; ||  
 Naa - do- - - paa- - - - sa na- - -

G M P - M P D pdpd | N , n ; D , P , ; ; ||  
 Che- - - - - Shan-- - - - ka - ra - - -

S ; ,r - sn DP MP | mg R S N DP S ; ||  
 Naa -- raa - - ya - na- - Vi- dhu- lu -

; ; ; ; NS M G | M P DP S N DP ||  
 - - - - Vela si ri O - Mana saa!- - -

dpM ; ; mg G ; GM | P ; ; D P ; ; ; ||  
 Naa - do- - - paa- - - - sa na- - -

Charanam

mantra-Atmulu yantra tantra-Atmulu mari manvantaramulu-ennO kala vAralu  
tantrI laya svara rAga vilOlulu tyAgarAja vandyulu svatantrulu (nAda)

*O My Mind! Lords Sankara, nArAyaNa, and brahma - the essence (Atmulu) of sacred syllables  
(mantra) (mantrAtmulu), the essence (Atmulu) of mystical diagrams (yantra) and magical and mystical  
formularies (tantra) (tantrAtmulu),*

; -P P ; ; DP | M , pdP , - nd pmM ; ; ||  
- Man traan - - - - - tmu- lu - - - - - Yan- tra- - - - -

MP M - G RS G , r | G , m P - M P ; ; ||  
Tan- - traan - - - - - tmu- lu - - - - - Ma- ri - - - - -

*who exist through (kala vAralu) many (ennO) aeons (manvantaramulu) (manvantaramulennO),*

; G ,m - P DP - SN | DP - MP mg R - S ,r ||  
Man- -- van - - - - - tra- mu - Len - - - - - no -

sn D P - S ; ; G ,r | gM - d pm - R ; S ; ; ||  
Ga- - la vaa - - - - - ra - - - - - lu - - - - -

*as also (mari), experts (vilOlulu) in stringed (tantrI) and percussion (laya) instruments and (vocal  
music) svara and rAga,*

a) MP M - P DP SN | PD P - R S ; ; ||  
Tan- - tri - - - - - la - ya - - - - - Swa ra - - - - -

NS N - S R - S rsnd | N , n ; - D P ; ; ; ||  
Gaa- - na - Vi loo-- - - - - - lu ru- - - - -

b) dp mp , m - P DP SN | PD P - R S ; ; ; ||  
Tan- - - tri - - - - - la - ya - - - - - Swa ra - - - - -

NS N - S RS rsnd | N , n ; D P , d N ; ; ||  
Gaa- - na - Vi loo-- - - - - - lu ru- - - - -

c) dp mp , m - P DP SN | PD P - R S ; ; ; ||  
Tan- - - tri - - - - - la - ya - - - - - Swa ra - - - - -

NS N - S RS rsnd | N , n ; D P ; ; ; ||  
Gaa- - na - Vi loo-- - - - - - lu ru- - - - -

*... those saluted (vandyulu) by this tyAgarAja and other self-regulated (svatantrulu) –  
are effulgent because of worship of (or meditation on) nAda.*

; M M ; mg R RP | P ; ; ; ; ||  
Tyaa ga - raan - - - - - ja - - - - -

; M M ; mg R RP | P ; P ,m ND P ; ||  
Tyaa ga - raan - - - - - ja - Van- dyu- lu -

SN DP S ; ; ,d | dN -d N - D , P , ; ; ||  
- - - - - Swa - - - - - tan- - - - - tru - lu- - - - -

; M M ; mg R RP | P ; P ,m N D P ; ||  
 Tyaa ga - raa- - - ja - Van- dyu- lu -

S N D P S ; ; ; | Mg -g M- R S rs N ; ||  
 - - - - Swa - - - tan- - - tru lu- - -

. dpM ; ; mg G ; GM | P ; ; D P ; ; ; ||  
 Naa - do- - - paa- - - sa na- - -

***O My Mind (manasA)! Lords Sankara, nArAyaNa and brahma (vidhi) (vidhulu) are effulgent (velasiri) because of (cE) ... the worship of (or meditation on) (upAsana) nAdA (nAdOpAsanacE).***

G M P - M P D pdpd | N , n ; D , P , ; ; ||  
 Che- - - - - Shan-- - - - ka - ra - - -

S ; ,r - sn D P M P | mg R S N D P S ; ||  
 Naa -- raa - - ya - na- - Vi- dhu- lu -

; ; ; NS M G | M P D P S N DP ||  
 - - - - Vela si ri O - Mana saa!- - -

dpM ; ; mg G ; GM | P ; ; D P ; ; ; ||  
 Naa - do- - - paa- - - sa na- - -